

ANTONINE COLLEGE



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Welcome to the formal itinerary and guide booklet for the 2025 Jubilee Pilgrimage!

We are delighted to be providing you with this 'once in a lifetime tour' of Rome and look forward to seeing you all immerse yourselves in Italian culture and language along the way.

I recently took part in a pilgrimage in Rome and Assisi. I know you will be blown away by the beauty of Rome and you will be very tired when you get home!



Your attitudes and actions on tour are so important to the staff and the host country. Remember that you are all ambassadors for Antonine College whilst abroad.

I know you will have an incredible time in Rome and look forward to seeing how much you embrace your experiences whilst on tour. I look forward to each of you sharing with other students the impact that this tour has had on your faith.

May God bless you and keep you safe.

Ms Joanne Bacash

Principal







STAFF



SR VERONIQUE KARAM



MR DANIEL SALIBA



MS TANIA AOUN

STUDENTS



ANNABELLE MANSOUR



CHANNEL KORKES



CHARBEL CHALHOUB



GABRIEL SAFO



JACOB DIAB



JAYDEN SADEK



JENEVIEVE TANNOUS



JOSEPH RUSTOM









MARIA JMUAHA



MARVIN TABET



MARYBEL HADCHITY



MIA AZZI



MICHEL SALBOUD



RAFAEL OSTA



TAHLYA MARDINI

MEET YOUR GUIDE - DAVID MCMAHON

David lives in Umbria, Italy, and is originally from Sydney, Australia.

David served the church as a Benedictine Monk for 5 years, graduated from Cambridge University, and majored in theology. In addition to his native English, David speaks Latin, Spanish, French, and Italian. David currently works in public relations and corporate development, serves as a private secretary, and is an English Language coach. He is looking forward to leading your group on this pilgrimage experience!









ARRIVE AT THE AIRPORT 3 HOURS PRIOR TO FLIGHT 30KG CHECKED IN BAGGAGE ALLOWANCE & 7KG CARRY ON ALLOWANCE

CONFIRMED FLIGHT EMIRATES EK 407

| | | Check in at Melbourne Termin | nal 2 | Booking Reference | IWYMH6 |
|-----------|-----|---------------------------------------|--------------|-------------------|--------|
| 18 Mar 25 | Tue | Depart Melbourne | 22:30 | Economy Non-stop | |
| 19 Mar 25 | Wed | Arrive Dubai | 05:40 | | |
| 19 Mar 25 | Wed | Arrival in Dubai Terminal 3 | | | |
| | | Total Journey Time | 14hrs 10mins | | |
| | | CONFIRMED FLIGHT EMIRATES EK 97 | | | |
| | | Check in at Dubai Terminal 3 | | Booking Reference | IWYMH6 |
| 19 Mar 25 | Wed | Depart Dubai | 08:55 | Economy Non-stop | |
| 19 Mar 25 | Wed | Arrive Rome Fiumicino | Arpt 12:40 | | |
| 19 Mar 25 | Wed | Arrival in Rome Terminal 3 | | | |
| | | Total Journey Time | 6hrs 45mins | | |
| | | CONFIRMED FLIGHT EMIRATES EK 98 | | | |
| | | Check in at Fiumicino Arpt Terminal 3 | | Booking Reference | IWYMH6 |
| 27 Mar 25 | Thu | Depart Rome Fiumicino | Arpt 14:55 | Economy Non-stop | |
| 27 Mar 25 | Thu | Arrive Dubai 23:35 | | | |
| 27 Mar 25 | Thu | Arrival in Dubai Terminal 3 | | | |
| | | Total Journey Time | 5hrs 40mins | | |
| | | CONFIRMED FLIGHT EMIRATE | | | |
| | | Check in at Dubai Terminal 3 | | Booking Reference | IWYMH6 |
| 28 Mar 25 | Fri | Depart Dubai | 02:55 | Economy Non-stop | |
| 28 Mar 25 | Fri | Arrive Melbourne | 23:20 | | |
| 28 Mar 25 | Fri | Arrival in Melbourne Terminal 2 | | | |
| 25 + | | Total Journey Time | 13hrs 25mins | | |
| W W | | | | | |

www.antonine.catholic.edu.au

PILGRIMS



JMJ Catholic

JMJ Youth's mission is to evangelize, catechize, and change lives. We create opportunities for young people to open their hearts to the Grace of God on pilgrimages. We have over 30 years of pilgrimage experience that includes 12 World Youth Days and innumerable group pilgrimages to holy sites all over the globe. Thousands of pilgrims from 15 countries have trusted JMJ Youth with their pilgrimage experiences.

About this trip

Welcome to your Jubilee pilgrimage portal! The theme for the 2025 Holy Year is "Pilgrims of Hope." Your faith will be enriched by coming on this incredible once-in-a-lifetime pilgrimage!

The highlights of your pilgrimage include journeying to Assisi, passing through the Holy Doors of the four major basilicas in Rome, and witnessing the strength and vibrancy of our Faith through the lives of the saints and apostles with pilgrims from around the world!

Our Mission

JMJ Youth shares a common mission with youth ministers around the world: to evangelize, catechize, and change lives. We create opportunities for young people to open their hearts to the Grace of God on pilgrimages.

Our Philosophy

Our philosophy is simple: teach teens and young adults how to grow closer to God by removing the clutter of life and making room for Grace. Our pilgrims are accompanied by guides who are energetic, faithful, living witnesses of the Catholic faith. We travel close to the ground, encountering the history and culture of each destination we visit.

Our Experience

We have over 30 years of pilgrimage experience that includes 12 World Youth Days and innumerable group pilgrimages to holy sites all over the globe. More than 15,000 pilgrims from 15 countries have trusted JMJ Youth with their pilgrimage experiences.

Our Guides

Groups that choose to travel with JMJ Youth are those who want to experience an authentic, Catholic youth pilgrimage supported by Pilgrimage Guides who are knowledgeable, faithful, and fun. We specially select Pilgrimage Guides that seek to inspire greatness while being exceptional role-models of faith and life.





JMJ Youth Pilgrimages Suggested Pilgrim Packing List

Essentials

- Backpack or Carry-on
- Passport (& a digital copy)
- Prescription Medication
- A joyful spirit (critical for the group)
- Money Belt worn under clothing
- Rosary and Scapular
- Spending Money (local currency)
- Electrical outlet adapter

Clothing

- 4-5 shirts that cover your shoulders (to enter churches)
- 2 of your choice: pants, skirt, or shorts (must cover knees to enter most churches)
- Ladies: a wrap skirt to cover shorts for Churches
- Walking shoes or active sandals
- Cardigan or sweatshirt
- Socks and underwear
- Pajamas
- Note: It may be warm during the day. Christian guidelines of modesty still apply.

Do NOT Bring:

Things you would be disappointed to lose, heavy things, jewelry, electronic hair tools (blow dryers, straighteners), or illegal items. (We will not bail you out!)

Bathroom Items (Travel Size)

- Body soap
- Shampoo & Conditioner
- Deodorant
- Toothbrush & Toothpaste
- Sunscreen
- · Hair brush
- · Contacts and Solution
- Shaving razors

Optional

- · Hat & Sunglasses
- · Small umbrella
- Earplugs (for airplane & snoring roommates!)
- Basic over-the-counter medicines
- Band-aids and/or a blister care kit
- Bug Spray (travel size)
- · Journal and pen
- Protein bars (emergency food)
- Trash bag (for dirty clothes)
- Laundry Soap (to hand wash clothing)
- · Refillable water bottle
- Priests/Religious may need to bring additional items, like an alb, stole, or Mass kit

Pro-Tip! Luggage restrictions vary from airline to airline. Refer directly to your airline for details. JMJ Youth strongly recommends limiting your luggage to **one carry-on**, and if absolutely necessary, one moderately sized checked bag.





Packing Tips

- Place the things you think you absolutely need on your bed, then pack half of what you see.
- JMJyouth staff members travel with one carry-on. We are quite certain you can get by with even less! Those who pack lighter are happier pilgrims. Those who bring heavy packs become a penance for the entire group.
- It will help each pilgrim to pack lighter if one or two people bring items to be used by the entire group, like a first aid kit with generic medications, and bug spray. Keep in mind that if you do not have something you need, you can buy it from a local pharmacy or convenience store.
- If you bring a checked bag, make sure all of your important items (medication, glasses/contacts, and one change of clothing) are in your carry-on in case your bag gets lost. If you choose to lock your bag, be sure to use only TSA approved locks.

Helpful Hints

- Money Matters: Get cash in the local currency at your local bank before departure (we suggest ordering it two weeks in advance). If you need more while abroad, debit cards with a four-digit PIN are the easiest and cheapest way to get cash. Check the fees your bank will charge you for international transactions in advance. It is best to use the ATM for a single large withdrawal to make it worth the fee.
- Credit cards are another good way to purchase while abroad. Visa and Mastercard are accepted almost everywhere, as well as American Express in some places. Ask your bank in advance about foreign transaction fees and be sure to notify them that you will be using the card internationally. For a list of cards with no foreign transaction fee.
- Travelers' checks are the worst way to bring money. You will be charged fees on top of fees to cash them, if the business even knows how to accept them as payment.
- **Money Belt:** You will absolutely need a money belt (not a money necklace). In it you will keep your passport, money, emergency numbers, credit card, and any other important papers. You can get these at any luggage store or online. If you use a purse (always with a zipper closure!), be sure you never flash large amounts of cash; you will attract all kinds of thieves. Fanny packs and wallets kept in the back pocket are favorites of petty criminals.
- **Medications:** If you will be bringing prescription medication, get an extra prescription from the doctor in case the medicine gets lost. Make sure you bring medication in its original bottle.
- **Communication:** The cheapest way to call home is on WhatsApp or Facebook Messenger using Wi- Fi. International roaming can be outrageously expensive!
- **Mobile phones:** Most cellphones will work internationally (contact your carrier for international rates). We understand that cell phones have become universal tools and can function in many ways; camera, alarm clock, messaging, GPS, oh yeah, and phone calls. Those who bring phones should not cry if they lose them.
- **Electrical outlets:** Most foreign countries have electrical outlets and voltages that are different from those in Australia. Plan to bring an adapter to plug in any electronics (including your phone). Check out this USB plug travel adapter for EU & Portable Phone Power Bank from Amazon.
- **Walking:** Keep in mind that you will be outdoors a majority of the time. You will walk long and far. Tips for backpacking hikers are largely applicable here: Your shoes should be well broken-in; your backpack should be comfortable to carry; your clothes should be comfortable. A reusable water bottle is a lightweight compact means of staying hydrated.









BAGGAGE POLICY

- 1. Excess baggage fees are the responsibility of each passenger.
- Overseas group reservations include one checked bag per passenger.
- 3. Airlines are continually changing their policies on baggage limitations.
- 4. It is the responsibility of each passenger to inquire about current baggage limits
- 5. Bus storage is limited to one checked bag per passenger and one carry-on per passenger.
- 6.JMJ Youth recommends that pilgrims travel as lights as possible.
- 7.JMJ Youth is not responsible for damage to or theft of any items or baggage at any time.







What's included

| • • | Tide o moradoa | |
|----------|-------------------------|---|
| | Airport transfers | Group transfers within Europe. |
| ⊘ | Private JMJ Youth Guide | Your guide will be faith-filled and knowledgeable. Information about them will be posted on the last slide of your itinerary. |
| ⊘ | Hotel Lodging | 19-24 March 2025: Hotel Pacific in Rome Address: Viale delle Medaglie d'Oro, 51, 00136 Roma RM, Italy Phone: +39 06 3973 2085 |
| | | 25-26 March 2025: Hotel La Rocca in Assisi Address: Via Porta Perlici, 27, 06081 Assisi PG, Italy Phone: +39 075 812284 |
| ⊘ | Public transportation | Busses, metros and trains. Walking will be a major part of your experience in Italy. |
| ⊘ | Meals | Dinners are included for the nights of March 19-26, and breakfast is included from March 20-27. |
| ⊘ | Rome walking tours | Get your camera ready! Beauty on every corner with time to pray in many amazing Churches. |
| ⊘ | Pilgrimage to Assisi | Spending time on this incredible hill visiting St. Francis, St. Clare and now Bl. Carlo Acutis! |







Wed, March 19 Arrival Day

Meet your guide in Rome, private coach transfer from the airport to your hotel, light walking tour, mass, **dinner & overnight.**



Thur, March 20 Highlights of Rome

Begin your first full day in Rome with breakfast at your hotel.

Pilgrimage to the Holy Doors of St. John Lateran and St. Mary Major, pray on your knees up the Holy Stairs to the Pope's historical private chapel. Witness the pillar at which Christ was scourged at Santa Prassede & the relics of the Passion at Santa Croce. **Dinner &**





Fri, March 21 Highlights of Rome

Breakfast at the hotel. Pilgrimage to the Holy Door of St. Paul Outside the Walls. Participate in Mass and a tour of the basilica. Tour the Colosseum, dinner, & overnight.









Sat, March 22 Highlights of Rome

Breakfast at the hotel. Pilgrimage to the Holy Door of St. Peter's Basilica with time for Mass, personal prayer, and a tour. Visit the Holy Spirit Church with the relics of St. John Paul II, St. Faustina, and the Divine Mercy shrine. Tour the Vatican Musuem, including a visit to the Sistine Chapel. **Dinner & overnight.**



Sun, March 23 Monastery Visit

Breakfast at the hotel. Spend the Feast of St. Rafqa at a Maronite Monastery in Rome. Meet Father Jaad Al Kossayfi, participate in 9:30AM mass, followed by a tour of the monastery and coffee. Visit the catacombs of St. Priscilla in the afternoon. **Dinner, and overnight back in your hotel.**



Mon, March 24 Ancient Rome

Breakfast at the hotel. Explore the Ancient Center of Rome including the churches of the Gesu, the Pantheon, and Santa Maria Sopra Minerva. **Dinner & overnight.**









Tue, March 25 Rome - Assisi

Breakfast at the hotel. Depart Rome for Assisi by train. Visit the Basilica of St. Francis for a spiritual encounter within the three levels of the church. Attend Mass. **Dinner & overnight.**



Wed, March 26 Full Day in Assisi

Breakfast at the hotel. Visit the Basilica of St. Clare and the church of St. Peter to venerate the relics of Bl. Carlo Acutis. Free time in the afternoon near the center of Assisi. Attend Mass. **Dinner & overnight.**



Thur, March 27 Departure Day

Breakfast at the hotel. Visit the Church of Santa Maria Sopra Minerava before departing Assisi for Rome & your flight home. Transfer from Assisi to the airport by private coach.



Lodging Double occupancy

19-24 March 2025: Hotel Pacific in Rome

Address: Viale delle Medaglie d'Oro, 51, 00136 Roma RM, Italy | Phone: +39 06 3973 2085

25-26 March 2025: Hotel La Rocca in Assisi

Address: Via Porta Perlici, 27, 06081 Assisi PG, Italy | Phone: +39 075 812284







| | Chubb (AON) |
|---|---|
| Overseas Medical and Dental | Unlimited |
| Emergency Dental | Lump sum \$1,000 Loss of Teeth or Dental |
| | Procedures – |
| | Limit per Tooth \$250 |
| Additional Expenses | Unlimited |
| Fractured Bones – Lump Sum Benefits | \$3,000 |
| Ongoing Medical Expenses | \$50,000 |
| Dentures | \$2,500 |
| Funeral Expenses | \$50,000 |
| Emergency Assistance | Included |
| Amendment Or Cancellation Costs | Unlimited |
| Luggage And Travel Documents | \$20,000 |
| | Limit any one item. |
| | \$2,500 |
| Delayed Luggage Allowance | \$5,000 |
| Electronic Equipment | \$10,000 |
| | Excess \$250 |
| Money | \$3,000 |
| Fraudulent use of Money/Travel Documents | \$3,000 |
| Alternative Employee and Resumption of Assignment | \$20,000 |
| Expenses | 420/000 |
| Rental Car Insurance Excess | \$5,000 |
| neritar dar misarande Excess | Alternative Employee andResumption |
| | ofAssignment Expenses |
| Loss of Deposits | Unlimited |
| Travel Delay | Included |
| Resumption Of Journey | \$20,000 |
| Missed Connections | \$10,000 |
| Overbooked Flight | \$2,500 |
| Political & Natural Disaster Evacuation | \$20,000 |
| Search & Rescue Expenses | \$20,000 |
| Search & Rescue Expenses | Aggregate Limit of Liability \$100,000 |
| Canada Frants | Included Max |
| Special Events | \$10,000 |
| Identity Theft | \$20,000 |
| Mental Illness | \$5,000 |
| S To Company of State of Company | |
| Trauma Counselling | \$5,000 |
| Hospital Incidentals | \$1,500 |
| | Maximum Per Hospitalisation \$50 Daily Benefit |
| | |
| Hijacking | \$6,000 |
| | \$200 Daily Benefit30 Days Maximum |
| Loss Of Income | 7 x Salary up to 1,000,000 |
| Disability | Temporary Disablement |
| | Category 1 |
| Accidental Death | Events 1 25,000 |
| | Events 2 \$250,000 |
| Personal Liability | \$10,000,000 |





https://www.emirates.com/au/english/before-you-fly/baggage/checked-baggage/

https://www.emirates.com/au/english/before-you-fly/travel/

https://www.emirates.com/au/english/before-you-fly/travel/dangerous-goods-policy/

Food allergies - Emirates flights

We serve gluten-friendly and low-lactose meals, as well as meals to suit other medical conditions.

We can't guarantee our meals are nut free. We serve nuts on all our flights, either as a meal ingredient or as an accompaniment to drinks. Other passengers may also bring food on board that contains nuts, and traces of nut residue could be passed on to other surfaces of the aircraft as well as through the air conditioning system.

If you have a nut allergy, we recommend discussing your travel plans with your doctor before you fly and please contact your <u>local Emirates office</u>

https://www.emirates.com/au/english/before-you-fly/travel/dietary-requirements/



Life360 Please download Life360 prior to departure https://www.life360.com/au/



