

...

Staying eSmart when using AI



AI can be a useful tool for learning and creating. We should always check facts and use it safely to get the best results.

Avoid putting information about yourself into AI

Avoid sharing personal details with AI - like your name, address, phone number, or school.

Why? Because AI can remember what you type and learn from it, which means your private information might not stay private.

Ask yourself, "does this answer make sense?"

Read every answer AI gives you and ask yourself, "does this answer make sense?" and check the answer with another source - like a book, a trusted website or your educator.

Why? Because AI sometimes makes up information that isn't true or doesn't exist but presents it as if it were real.

Ask yourself, "does this look or sound right?"

Look closely and listen carefully to every output AI produces. Ask yourself, "Does this look or sound right?" and stay alert to common signs that content may be AI-generated or inaccurate, such as distorted body parts, inconsistent or unreadable text, context errors, unnatural movement, inconsistent lighting, flickering visuals, and an unnatural or robotic tone.

Why? Because AI-generated content can be difficult to identify, and as humans, we have a strong ability to question and verify what we see and hear.

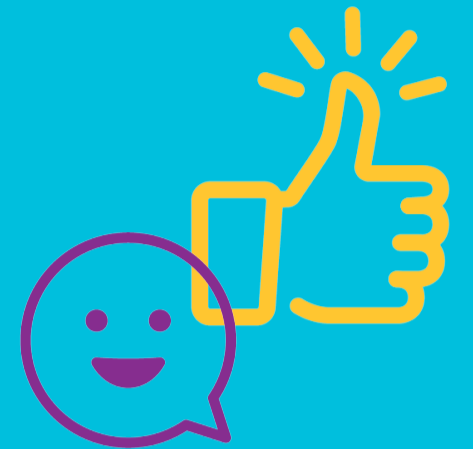
Use AI as a learning tool, not a replacement

AI is here to support your learning and creativity. Use it to explore ideas, come up with more solutions, and help you think in new ways. But always combine it with your own thinking and judgment.

Why? Because your human thinking is unique. AI is a tool to help you, not a replacement for your own ideas.

...

Privacy matters



Keeping your personal information private

Use strong and unique passwords

Check your privacy settings

'Slow down and think' to avoid scams

Think about what the app/website/platform does with the information you provide it



...

Keeping your connection balanced



...

Being a positive digital citizen means...



Keeping personal information private

Protecting my digital reputation

Standing up to and reporting cyber bullying

Following my school's Acceptable Use Agreement



Thinking before I post

Respecting others and myself

Giving credit to other people's ideas and work

Keeping balance in my life

